



FOOD SUMMIT 2022

Food for All

Scaling Up Local Food Production on the Palouse

Friday, January 28, 2022

9:00 am - 12:30 pm

Welcome & Introduction

COLETTE DEPHELPS, University of Idaho Extension - Northern District

Based in Moscow, Idaho, Colette co-chairs the Palouse-Clearwater Food System and is a Community Food Systems Area Educator with University of Idaho Extension serving the ten northern counties of Idaho. For more than 25 years, Colette has been working with farmers, community members, non-profits, government agencies and universities in the Inland Northwest to develop community food systems and small farms programs. Her current work includes: developing regional value-chains and increasing the competitiveness of local food businesses; expanding markets for small farms and artisan grain producers; small acreage and beginning farmer education; and programming for Idaho women farmers and ranchers. Colette is a cofounder of the Palouse-Clearwater Food Coalition and a co-founder of the Cultivating Success™ Sustainable Small Farms Education. Colette serves on the City of Moscow Farmers Market Commission and as an advisor to the Moscow Chamber of Commerce Downtown Business Alliance and to FARE Idaho, a trade association for independent food and agriculture businesses. Prior to working with UI Extension, she served as the executive director and special projects director of Rural Roots, Inc., an Moscow-based small farm organization. In her free time, Colette enjoys exploring Idaho's rural landscapes and our region's local food restaurants, breweries and wineries.

MELINDA SCHAB, Moscow Food Co-op - General Manager

Melinda has a well-rounded leadership background and a track record of success in guiding high-performing teams. With previous job experience in accounting, banking, team-building, and brand development, Melinda brings to the Co-op strengths in strategy, communication, and leadership. She has a unique ability to think abstractly and conceptualize creative solutions to achieve long-

term goals. Her wealth of skills makes her an excellent fit to helm the Co-op, and guide its leadership team into the future. Her Co-op experience began more than a decade ago, when she was hired as a cashier at the Moscow Food Co-op. After a stint as Manager of the Wellness department, she became General Manager in 2012. Previous to her Co-op experience, Melinda held positions in accounting at Bank of America and the University of Idaho bookstore. Melinda's passion for leadership is only bested by her passion for the local food system. She is inspired each day by being able to work in an industry that makes the world a better place. When she's not at work, her favorite way to rest and recharge is by cooking and developing new recipes with her three children. Learn more about the Moscow Food Co-op [here](#).

Artistic Opening

ADRIANA JANOVICH, Washington State University - Washington State Magazine, Associate Editor

Adriana Janovich is a Pullman-based food, travel and features writer and editor. Her work has appeared in the in-flight magazines for Alaska Airlines and Horizon Air, Edible Seattle, Edible Inland Northwest, Fodor's Pacific Northwest travel guides, and various newspapers around the state. Adriana spent five and a half years as the food editor at the Spokesman-Review in Spokane before joining Washington State Magazine at Washington State University as associate editor. She has bachelor's degrees in journalism and the humanities from Seattle University and a master's degree in specialized journalism from the University of Southern California, where she was an Annenberg Fellow. She has taught writing courses at Yakima Valley Community College, Central Washington University, Whitworth University and Gonzaga University. She loves exploring the world of food - on the farm, in the kitchen, at the table, and all points in between. A good old-fashioned makes her happy. So do her grandmother's pierogi.

You can find her article [here](#).

Ignite! Session 1 - Local Food Production on the Palouse: Past and Present

AYATOOTONMI CARRIE JIM SCHUSTER, Palouse Band

AYATOOTONMI Carrie Jim Chapman was born into a highly spiritual family. She arrived during a ceremony central to the belief system of her people, and she grew up in the spiritual beliefs of Snake River Palouse Indians. In many ways, Carrie's life also has been a ceremony that has made her a strong Snake River-Palouse woman. Her story is intimately tied to women and their history of women within the Plateau Indian communities. Women taught Carrie proper behavior in accordance with the spiritual philosophy of *támanwit*. Carrie's autobiography emphasizes the role of girls and women within her community. In fact, Carrie's family associated with many indigenous people and tribes that shared their belief in following the precepts of the



Washani faith and doctrines of *támanwit*, which Carrie portrays as an ancient indigenous legal and spiritual philosophy common among the Snake River-Palouse, Yakama, Wanapum, Cayuse, Nez Perce, Umatilla, and other Sahaptin-speaking people of the Columbia Plateau.

In addition to her political and legal work with the Yakama Tribe, Carrie continued her lifelong interest in the arts. She is a master artist, a seamstress, and master of beadwork. She makes traditional outfits for men and women, boys and girls. She is also an educator and a scholar, earning degrees and using her knowledge to further tribal affairs in a positive, constructive manner. Each year

she carries on her mother's tradition of gathering family and friends on Snake River to lament and remember loved ones before joyously providing an Indian name to every new baby. She is a prayer leader, ceremonial leader, and gifted teacher. During the ceremonial gathering, seven men drum and sing *Wáshat* songs. As part of the gathering, special women prepared Native foods and a leader of the Seven Drums conducts a First Foods Ceremony, blessing the water, salmon, roots, and berries through songs and prayers. Young people deliver the foods to tables and everyone eats as a community with one heart and one mind toward the sacred.

As part of her teaching, Carrie has described core “Principles of Sustainability” that draws on her education in the world of *támanwit*, explaining to people the inter-connections of the earth, sky, water, and air. She uses the teachings of her elders to stress conservation, preservation, and relationships between all animate and inanimate things on earth. Carrie believes in the kinship of all things and the need for respect, love, and care of people, plants, places, and animals. She offers this work as a means of telling her story and encouraging others to contemplate the indigenous philosophy of *támanwit*, which has guided her life and that of many Indians of the Columbia Plateau since time immemorial. She is a daughter of the ancestors, a believer in the creative and spiritual powers brought to earth at the beginning of time, and the place of *támanwit* in human relationship with all animate and inanimate objects. The original power placed on earth remains alive in all things, including creative and giving people like Carrie Jim Schuster.

***ILL-LA-WAL-LA-LITZ-TUN-MI* IONE I. JONES, Palouse Band**



My name is *ILL-LA-WAL-LA-LITZ-TUN-MI* English name Ione Iron Horse Martel Jones. I am a lineal descendent to Fishhook Bend a place where villages once existed next to the Snake River in the State of Washington. I am an enrolled member of the Confederated Tribes and Bands of Yakama Nation (YN) - specifically ***Fishhook Bend Renegade Snake River Palouse Band***. My grandmother shared stories of her kinship family as she grew up along Snake River. These events shaped her life and the young ones she raised. The unwritten stories told to me as a child became a core part of my soul, etched into my mind my entire life. I correlated various aspects of education and work-related experiences to the words my grandmother spoke. Adapting the program activities with past efforts to protect our Sovereignty.

Over the years I've conducted countless hours of research and development in business, finance and native issues, enjoying time with elders and that has inspired me to become a supporter for improved tribal and business relations. I am a humble advocate that works tirelessly to fully understand through grassroots efforts systems affecting Indian Country and corporate America possibly one day helping them.

I began my career as a YN summer youth employee at the age of 21 in 1996, providing accounting support services to YN Tribal Programs. The role seemed to be routine in nature, helping me build basic skills. This connected me to my finance and business path. Over the years my career advanced, leading into Professional Business Accountant Advisory services continuing to work with YN. I read a sentence in a report issued by the Columbia River Inter Tribal Fish Commission (CRITFC):

“Federal tribal trust responsibility includes, but is not limited to, treaty obligations. Its central thrust recognizes a federal duty to protect tribal lands, resources and the native way of life from the intrusions of the majority society. Each federal agency is bound by this trust responsibility.”

This description conveys protection and mannerism to be afforded to Federally Recognized Treaty rights. I applied the concept of the statement to my work. I conducted my own review of appropriations recorded within legal judgements on behalf of my ancestors. Based on the records I reviewed it became obvious to me that I need to integrate and reignite the past community Indigenous ways of surviving with more of the business world. Being a representative of a successful grassroots efforts to reestablish land patents successfully is an ideal ambition of mine.

RICHARD SCHEUERMAN, Palouse Heritage

Richard Scheuerman was raised on the family farm between the rural Palouse Country communities of Endicott and St. John. He attended Endicott Public Schools and benefited from the instruction of a dedicated rural faculty. He graduated from Washington State University in 1973 with degrees in history and education. He subsequently served in the U. S. Air Force and received advanced degrees from the Monterey Defense Language Institute (Russian), Pacific Lutheran University (history), and Gonzaga University (educational leadership). Richard married his high school sweetheart Lois Morasch in 1973 and they raised three children. He began a twenty-five-year career in public education as a teacher of social studies and language arts for Cashmere Public Schools, followed by service as a teacher and administrator with the Wenatchee School District and Endicott-St. John Cooperative Schools. Through this work he led a team in the development of the middle level Journeys of Discovery interdisciplinary studies curriculum, and then directed the Master of Arts in Teaching program for ten years at Seattle Pacific University. Scheuerman retired from education in 2015 and then directed the Franklin County Historical Society and Museum in Pasco, Washington, for three years. Early in his career, Richard met Columbia Plateau tribal elder Carrie Jim Schuster, landscape photographer John Clement, and author Clifford Trafzer, who all shared his interest in regional studies. These associations contributed to numerous research, writing, and publishing projects related to Northwest history, agriculture, and environmental sustainability. His most recent creative endeavors have included the “Harvest Project,” a three-volume study of agrarian themes in world art, literature, and music.

SOREN NEWMAN AND DARIN SAUL, University of Idaho - College of Agriculture and Life Sciences, Office of Grant & Project Development

Soren Newman is a sociologist at the University of Idaho College of Agricultural and Life Sciences Office of Grant and Project Development. Her research explores different aspects of rural community development and resilience, including place-based food system development in the US Inland Northwest. More information, including a list of Dr. Newman’s published works, is available at <https://orcid.org/0000-0003-2801-7579>.

Darin Saul, Director, Office of Grant and Project Development, College of Agricultural and Life Sciences, University of Idaho. At University of Idaho, he was the Sustainability Director and then the Associate and Interim Director of the Office of Community Partnerships before becoming the Director of the Office of Grant and Project Development. He has a career total of 195 funded proposals for \$56,426,340. He has been the principal investigator or a co-investigator on nearly 100 grant-funded projects. More information and a list of Dr. Saul’s published works are available at <https://orcid.org/0000-0001-5630-3543>.

ALI SCHULTHEIS, University of Idaho Extension - Northern District

Ali Schultheis is an eater and local food system supporter currently residing in Spokane, Washington. She works for University of Idaho Extension in the Community Food System program and at The Grain Shed in Spokane, Washington. Ali is also the co-host and coordinator of the Inland Northwest Artisan Grains podcast series produced by University of Idaho Extension. Ali has a background in public health and has bounced around various locations throughout the greater inland northwest region. She is a recent graduate of the University of Montana, having earned her master's degree in Environmental Studies and sustainable agriculture. She also has bachelor's degrees in sociology and environmental studies from Gonzaga University. She can talk your ear off about weird grains, environmental and human health, and the gut microbiome—if you let her. These days you can find her wherever the snowy trees are.

Ignite! Session 2 – Opportunities for Increasing Local Food Production

R. TROY PETERS, Washington State University Extension – Irrigation Specialist

Dr. Troy Peters is a professor in the Biological Systems Engineering Department and an extension irrigation specialist at Washington State University. He is located at the Irrigated Agriculture Research and Extension Center in Prosser, WA where he has been for 15 years. He is also a licensed professional agricultural engineer.

MICHELLE FUSON, Latah County – Director of Planning, Building and G.I.S.

Michelle Fuson is the Director of the Planning, Building and G.I.S. departments for Latah County, Idaho. She sits on the boards of the County Planning Division of the American Planning Association and the National Association of County Planners. She has a Master's Degree which focused on natural resource management, regional planning, and public perceptions of nuclear energy.

ROBERT HEINSE, University of Idaho – Department of Soil & Water Systems

Dr. Robert Heinse is an Associate Professor of Soil and Environmental Physics in the Soil and Water Systems Department at the University of Idaho. His research interests revolve around water in the soil environment and the characterization using geophysical methods. Dr. Heinse also entertains a keen interest in growing plants in space having previously conducted experiments on the vomit comet and being involved with experiments on the international space station. He is a past director of the interdisciplinary water resources program. Above all, however, he has a growing appreciation for the complexities of human and ecosystem interactions with the physical world.

IRIS MAYES, University of Idaho Extension – Latah County

Iris Mayes is the small farm and horticulture educator for UI Extension Latah County. This program includes an Idaho Master Gardener program, plant clinic for community pest problems, community garden education series and educational programming for small acreage producers.

Beginning in 2019, she is offering a farming education program for U.S. military veterans, now called “Harvest Heroes.” Her Ph.D. research focused on adult education, use of narrative and pesticide safety education. She is currently working on a three-year grant funded by USDA-NIFA on scaling up vegetable and fruit production on the Palouse.

KEVIN MURPHY, Washington State University – Sustainable Seed Systems Lab

Kevin Murphy is an Associate Professor in the Dept. of Crop and Soil Sciences at Washington State University, where he leads the specialty crop breeding and agronomy program. The goal of his Sustainable Seed Systems Lab is to increase the genetic- and nutritional-diversity of cropping systems across Washington State through the development of biofortified cultivars and implementation of ecologically-rooted production practices. His group focuses on breeding and/or cropping systems research in quinoa, spelt, buckwheat, perennial grains, proso millet, and barley. His research emphasizes crops, varieties, and/or farming systems that optimize nutritional value and provide tolerance to heat, drought, and diseases while improving yield, flavor and end-use quality of the target crops. Internationally, Kevin and his team conduct participatory breeding and agronomic research on quinoa, barley, and millets in Rwanda, Malawi, and Ecuador.

Ignite! Session 3 – Expanding Local Partnerships & Production

JENNIFER BOIE, Palouse Conservation District - Director

Jennifer is the Director for the Palouse Conservation District. Jennifer has spent the past 20+ years working with local community members to implement conservation projects on the Palouse. She has been with the District since 2010 and enjoys working with landowners and residents across the Palouse to inform them about voluntary conservation practices that will help improve natural resource conditions. Jennifer holds a Masters degree in Environmental Science and a Ph.D. in Natural Resources with a focus in Conservation Social Science. Jennifer’s dissertation research took a practical application approach to looking at Producers’ Perspectives for Further Understanding Factors that Influence Implementation of Conservation Practices in Whitman County, Washington. During her time as Director for the Palouse Conservation District, Jennifer has worked to create new and innovative ways to build partnerships, stretching beyond district and state boundaries to address natural resource concerns at the watershed and regional scale. These partnership building initiatives include the Palouse Conservation Forum and the Palouse Regional Conservation Partnership. In her leisure time she enjoys camping and hiking with her husband and two daughters.

JAIME JOVANOVIK-WALKER, Palouse Land Trust

Jaime was born and raised in Pullman and is a 2007 honors graduate of Washington State University with a bachelor's degree in Environmental and Resource Economics and Management. She is also a graduate of the 2020 cohort of Leadership Moscow. Jaime joined the Palouse Land Trust in October 2015. She and her husband, Ed, moved to Moscow in 2009, and are enthusiastic

hikers who love exploring the local mountain trails and logging roads with their dogs. When not at work, Jaime keeps very busy as co-chair of the Moscow Women's Giving Circle and the Moscow Nonprofit Roundtable, active member of the Latah County Human Rights Task Force, gardening, sausage and jerky making, canning, fermenting, cheesemaking and preserving, working on home improvement projects, and taking care of the Zoo: Leo, Maverick, Chimi chinchilla, Gordon Hambsey cat, and multiple fishies and frogs. More than anything else, Jaime loves being in nature and is happiest when her hands and feet are in the rich, Palouse soil.

KAREN KOPF, Kopf Canyon Ranch

Karen Kopf and her husband Dale own and operate Kopf Canyon Ranch in Troy, Idaho. They raise Kiko goats for breeding stock, pack goat prospects, land management and meat. Karen is passionate about educating and equipping others to become successful herdsman. She has served on the boards of the American Kiko Goat Association, North American Pack Goat Association, and is currently the President of the American Goat Federation. She writes for Goat Journal, Goat Rancher, and presents at conferences.

ASHLEY VAUGHAN, Community Action Center - Food & Nutrition Specialist

Ashley Vaughan focuses on food insecurity in Whitman County as the Food & Nutrition Specialist at the Community Action Center (CAC) in Pullman, WA. She has a Master's degree in Sustainable Food Systems and served two years as the AmeriCorps VISTA Coordinator for the Palouse Fresh Food Project at Washington State University. At the CAC, Ashley works with local growers and distributors to provide for those in need through the Mobile Farm Stand project and the CAC on-site food pantry. A specific focus for her is to serve those that have special dietary restrictions and to accommodate cultural food needs all while supporting local.

MORGAN WILSON, Idaho Foodbank - Chief Development Officer

Morgan Wilson serves as the Chief Development Officer at The Idaho Foodbank. In her role she leads the food sourcing, fundraising, marketing and communications, and volunteer program teams with the aim of providing hunger relief to people facing food insecurity regardless of their location in Idaho. Before joining The Idaho Foodbank team in 2015, Morgan served as the Deputy Director of Feeding San Diego - San Diego County's largest hunger relief organization. Prior to serving as the Deputy Director Morgan was the Director of Development and Community Engagement. A native of Idaho, Morgan worked for the University of Idaho's Lionel Hampton Jazz Festival as the Assistant Director of Marketing and Corporate Sponsorships prior to moving to the human services sector. Morgan earned her Master of Arts in Nonprofit Leadership and Management from the University of San Diego and a Bachelor of Arts in Public Communication from the University of Idaho. Morgan grew up in Genesee and now lives in Lewiston with her husband Jeff and their three children. When the family isn't enjoying the mountains and rivers of the local area, they are on the road visiting family and friends, enjoying the outdoors, biking, camping, or looking for a new place to explore.

Community Conversation Breakouts

ASHLEY VAUGHAN, Community Action Center – Food & Nutrition Specialist

JOHANA DOYLE, Palouse-Clearwater Food Coalition

CHERYL SIMMONS, Natural Resource Conservation Service (retired) - Volunteer

JAIME JOVANOVICH-WALKER, Palouse Land Trust

IRIS MAYES, University of Idaho Extension

KATIE BAKER, FARE Idaho – Executive Director

Katie Baker, Executive Director of FARE Idaho, advocates for Idaho independent food and beverage businesses with a mission to create positive change. After achieving a degree in international business, she received the Kauffman Entrepreneurial Internship where she quickly discovered her passion for supporting small independent businesses and local markets. Katie has worked in the food industry for the last 12 years for a farmer and producer owned food cooperative, Idaho's Bounty, and the food-and-farming-focused Edible Idaho magazine. In her spare time, you'll see her in her own little urban garden, wrangling stray chickens, volunteering, hanging with the family and catching up on podcasts, books, and movies in the winter months (the slow season). Katie is grateful to collaborate with Idaho independent food and beverage businesses to build a more resilient food system.

AMY MATTIAS, Sun Valley Institute for Resilience

Amy is the Program Director for the Sun Valley Institute for Resilience. In her tenure with SVIR, her team launched the Impact Idaho Fund and 5B Resilience Gardens and published two annual Locally Grown Guides. Amy continues to advocate for a thriving regional food system and build relationships between numerous food producers and interested buyers through the Local Food Alliance program. In addition to her role with SVIR, Amy serves as the board secretary for the Idaho Center for Sustainable Agriculture, is the chair of the Farm & Ag Committee for FARE Idaho, and is on the executive committee as well as serving as the flora for the Upper Big Wood River Grange in Hailey, Idaho. Prior to moving to Idaho in 2014, Amy graduated magna cum laude from Western Michigan University with a Bachelors of Arts in Sociology and Organizational Communication. Since living in Idaho, she has worked for various farm and agriculture related businesses including Kraay's Market and Garden, Idaho's Bounty, NourishMe, and Lava Lake Lamb. In her freetime, Amy is a gardener, seed saver, wildcrafter, herbal medicine maker, and fiber artist. In 2021, she completed a Permaculture Design Certificate program and is currently enrolled in a professional series with Chico State University focused on Regenerative Agriculture and Resilient Systems.

SANDRA KELLY, Washington State University Center for Civic Engagement and Inland Oasis Board Member

SHAE McCARRON, Washington State University Center for Civic Engagement – AmeriCorps Member

ALI SCHULTHEIS, University of Idaho Extension – Northern District

MELINDA SCHAB, Moscow Food Co-op – General Manager

CHLOE RAMBO, Moscow Food Co-op



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